



# Board of Examinations for Seafarers Trust

## All India Exit Examination March 2017

### CCMC Question & Answer Book

**Additional instructions to the Candidate: Maximum time allowed 45 minutes.**

1. Fill in your details on this page.
2. **Write your roll number on top of each page at given place, otherwise it will not be considered even if the answers are written.**
3. All answers are to be written in this Answer Book. Do not write anywhere else.
4. For writing answers, follow instructions given for each group of questions.
5. Use black or blue ball pen only for writing.
6. Start writing only when asked to do so by the invigilator.

Rubber Stamp of  
Examination Center

<b>Name of the candidate:</b>			
<b>Roll No.</b>		<b>INDOS No.</b>	
<b>Candidate's Code No.</b>		<b>Signature of candidate</b>	

\*\*\*\*\* Do not write below this\*\*\*\*\*

<b>Name of the invigilator</b>	<b>Signature</b>	<b>Room No</b>	<b>Date</b>

Section 1- Cookery, Housekeeping & H&B	Q 1 6 marks	Q2 8 marks	Q 3 14 marks	Total
Score				
Section 2 - GSK	Q 1 3 marks	Q 2 2 marks	Q 3 2 marks	
Score				
		<b>Grand Total</b>		

**Name & Signature of the Examiners**

	Name	Signature	Date
<b>Examiner Section 1 Cookery, Housekeeping &amp; H&amp;B Services</b>			
<b>Examiner - GSK</b>			
<b>Moderator</b>			

**Q 1. From the following recipe find out the cost for 20 Portions of Peas Pulao if the following quantities and rates are applicable for 4 Portions. (6 marks)**

Ingredients	Quantity (units) for 4 portions	Rate/Unit	Calculations	Amount
Pulao rice	500 gms	Rs. 90/Kg		
Green Peas	200 gms	Rs. 80/Kg		
Onion	100 gms	Rs. 20/Kg		
Ghee	60 gms	Rs. 100/Kg		
Garam Masala	20 gms	Rs. 250/Kg		
Salt	10 gms	Rs. 50/Kg		
Cost of 20 portions				

**Q2. (8 Marks)**

**2.1 Name four General Principle one should follow while talking to people (2 Marks)**

1.
2.
3.
4.

**2.2 List 4 Tips for Time Management.( 2 Marks)**

1.
2.
3.
4.

**2.3 List 4 spoilage indicators for eggs. (2 Marks)**

1.
2.
3.
4.

**2.4 List four types of Knife used in galley of a ship. (2 Marks)**

1	2
3	4

**Q3. (14 Marks)**

**3.1 List four advantages of using convenience foods. (2 Marks)**

1.
2.
3.
4.

**3.2 List the names any Six Types of Animal Meat. (3 Marks)**

1	2
3	4
5	6

**3.3 Name Hindi equivalents of following items. (2Marks)**

<b>Cinnamon</b>	
<b>Sesame</b>	
<b>Tamarind</b>	
<b>Ginger</b>	

**3.4 Write four Housekeeping Duties of General steward.( 2 Marks)**

1.
2.
3.
4.

**3.5 List the names of four types of Cutlery. (2 Marks)**

1.	3.
2.	4.

**3.6 List six expected qualities of Steward (3 Marks)**

1.
2.
3.
4.
5.
6.

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**GSK SECTION**

**Q.1 Write in 1 line for what purposes following equipment are used ? (3 marks)**

Anchor	
Bulbous Bow	
Gangway	
Propeller	
Rudder	
Windlass	

**Q.2 Write the full form of the following terms. (2 marks)**

1. SOLAS	
2. ISPS Code	
3. MLC	
4. PSC	

**Q.3 Name Four types of Portable Fire Extinguishers (2 marks)**

1.	2.
3.	4.

**THE END**