



# Board of Examinations for Seafarers Trust

## All India Exit Examination Dec 2017

### CCMC Question & Answer Book

**Additional instructions to the Candidate:** Maximum time allowed 45 minutes.

1. Fill in your details on this page.
2. **Write your roll number on top of each page at given place, else it will not be considered even if the answers are written.**
3. All answers are to be written in this Answer Book. Do not write anywhere else.
4. For writing answers, follow instructions given for each group of questions.
5. Use black or blue ball pen only for writing.
6. Start writing only when asked to do so by the invigilator.

Rubber Stamp of  
Examination Center

<b>Name of the candidate:</b>			
<b>Roll No.</b>		<b>INDOS No.</b>	
<b>Signature of candidate</b>			

\*\*\*\*\* Do not write below this\*\*\*\*\*

<b>Name of the invigilator</b>	<b>Signature</b>	<b>Room No</b>	<b>Date</b>

Section 1- Cookery, Housekeeping & H&B	Q 1 6 marks	Q2 8 marks	Q 3 14 marks	Total
Score				
Section 2 - GSK	Q 1 3 marks	Q 2 2 marks	Q 3 2 marks	
Score				
			<b>Grand Total</b>	

**Name & Signature of the Examiners**

	Name	Signature	Date
<b>Examiner Section 1 Cookery, Housekeeping &amp; H&amp;B Services</b>			
<b>Examiner - GSK</b>			
<b>Moderator</b>			

**Q 1. From the following recipe find out the cost for 22 Portions of Sukha Mutton if the following quantities and rates are applicable for 4 Portions. (6 marks)**

Ingredients	Quantity (units) for 4 portions	Rate/Unit	Calculations	Amount
Mutton	600 gms	Rs. 450/Kg		
Onion	50 gms	Rs. 20/Kg		
Ginger	20 gms	Rs. 210/Kg		
Garlic	60 gms	Rs. 45/Kg		
Green Chilies	20 gms	Rs. 55/Kg		
Oil	10 ml	Rs. 134/litre		
Garam Masala Powder	5 gms	Rs. 75/100gms		
Salt	10 gms	Rs.27/Kg		
Cost of 22 portions				

**Q2. (8 Marks)**

**2.1 List four Symptoms of stress (2 Marks)**

1.
2.
3.
4.

2.2 List 4 Quality to be Leader. (2 Marks)	2.3 List 4 spoilage indicators for fish (2 marks)
1.	1.
2.	2.
3.	3.
4.	4.

**2.4 List four types of Pests found on ship. (2 Marks)**

1	2
3	4

**Q3. (14 Marks)****3.1 List four advantages of using convenience foods. (2 Marks)**

1.
2.
3.
4.

**3.2 . List 6 thickening agents used in Indian Cookery (3 Marks)**

1.
2.
3.
4.
5.
6.

**3.3 Describe in short following cuts of vegetables/meat. (2Marks)**

<b>Shredding</b>	
<b>Mince</b>	
<b>Chop</b>	
<b>Dices</b>	

**3.4 List 4 points to take care while using washing machine .( 2 Marks)**

1.
2.
3.
4.

**3.5 List the names of four types of crockery used for Dinner Service. (2 Marks)**

<b>1.</b>	<b>3.</b>
<b>2.</b>	<b>4.</b>

**3.6 List qualities required to be a good Steward (3 Marks)**

<b>1.</b>	
<b>2.</b>	
<b>3.</b>	
<b>4.</b>	
<b>5.</b>	
<b>6.</b>	

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**GSK SECTION**

**Q.1 Write the name of type of ships for following cargo. (3 marks)**

<b>1. Crude Oil</b>	
<b>2. LNG, LPG</b>	
<b>3. Truck , Vehicles</b>	
<b>4.Coal, Grain</b>	
<b>5. Boxes Machinery</b>	
<b>6. Containers</b>	

**Q.2 List 4 types of hand tools used on board ships. (2 marks)**

<b>1.</b>	
<b>2.</b>	
<b>3.</b>	
<b>4.</b>	

**Q.3 List 4 equipment fitted at Deck of a ship (Forecastle) (2 marks)**

<b>1.</b>	<b>2.</b>
<b>3.</b>	<b>4.</b>

**THE END**